

Student Life Handbook

Spiritual Development

Every function of college life is designed to cultivate a life of consistent Christianity. The following are specific occasions planned to nurture personal and corporate spiritual growth.

A. Personal Devotions

Students and staff are encouraged to maintain daily devotional time.

B. Dormitory Worship & Small Groups

Dormitory worship is held every Monday evening in the dormitory lobbies. Prayer bands, Bible study groups, small groups and similar student-initiated activities are encouraged.

C. Vespers Services

Friday evening vespers are held every week in the chapel. Attendance at Friday evening vespers is required unless you have an approved weekend leave that includes Friday night. Each resident is allowed two vespers skips per semester including weekend leaves.

D. Additional Worshipships

In addition to the above 3 required worshipships, each student is required to attend three additional worship services each week. Options include morning chapel, Wednesday prayer meeting, local church mid-week prayer meeting, and approved small-group Bible studies. A request can be made for worship credit for other experiences (ie. special seminars, etc.) in writing to the Dean of Men or Women for pre-approval.

If you have a direct conflict in meeting the number of worshipships required you may petition for a reduction. Petitions must be made in the form of a letter to the Deans' Council. When you are unable to attend needed worship options because of circumstances beyond your control, you may turn in a worship excuse card. These cards can be obtained from your dean or your RA. If you fail to attend the required number of worshipships during a month, you may be placed on a limited form of citizenship probation until you become current with your attendance.

Casual dress is appropriate for dorm worship. School dress or better is required at morning chapels and Wednesday prayer meetings. Sabbath dress is expected at Friday vespers and church services.

E. Sabbath Services

Weimar College does not have a campus church. Church attendance is expected of all students. The outreach office assigns each student to one of the churches in the area, based on the student's interests and abilities and the needs of the church. Students are encouraged to participate, support, and learn servant-leadership skills in the life of a local church.

The Sabbath is God's time for mankind to meet with Him in an atmosphere free from non-spiritual distractions. To facilitate this, the college gives primary attention to worship, rest, Christian fellowship and service from Friday sundown until Saturday sundown. During these hours students are expected to refrain from secular entertainment, music, shopping, restaurant dining, business transactions, sports, scholastic studies, work and other similar activities. Food delivery and sports, etc., are not appropriate on campus.

F. Christian Community Ministries

Regular time is set aside for outreach as part of Weimar College's curriculum. Each semester students choose from a variety of activities provided to train in practical outreach and evangelism.

G. Student Missionary and Task Force Workers

Students are encouraged to become involved in a student missionary or task force program associated with the Seventh-day Adventist Church. This is an excellent means for preparing for a life of ministry.

Mental Development

Weimar College was established to foster a disciplined development of the mind for the purpose of intelligently furthering the work of God on earth (see Christ's Object Lessons, pages 333-334). Students are expected to train their minds to concentrate on lectures and study material and to actively participate in class discussions. They are encouraged to learn the principles underlying God's laws, to discern truth from error, to solve problems creatively, and to effectively communicate their knowledge to others.

Balance

The mind functions most effectively with balanced physical, social, and spiritual activity. The health of the body can affect the efficiency of the thought processes. Living at peace with God and man frees the mind to concentrate on Christian intellectual pursuits. Students are encouraged to arrange a balanced schedule that allows time for personal Bible study, work, exercise, and timely completion of class assignments.

Study

Most students should expect to spend a minimum of 12 to 15 hours each week in preparation for their classes. Evenings, early morning hours, and unstructured weekend time provide opportunities for concentrated study. Each student must make study time a priority to keep up with class assignments and to allow time for genuine learning. It is good to remember that earnest Bible study is the best activity for true cultivation of the intellect.

Guarding the Mind

Weimar College urges students to follow the counsel from Philippians 4:8, whether they are occupying their minds with studying or a leisure activity. "Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, if there be any praise, think on these things."

Most modern television programming is not conducive to academic, spiritual, or social growth, therefore television sets and VCRs are not allowed in student rooms or in residence halls. Infraction of this policy results in a \$100 cash fine and confiscation of the equipment. This includes TV tuner cards. Use of a DVD player or laptop computer to watch movies will be treated in the same manner as the use of a VCR. Video game units are also not allowed. All forms of electronic media and reading material are to be used only in ways that clearly uplift the human spirit and respect the rights and tastes of others.

Physical Development

Weimar College expects students to give serious attention to the development and the maintenance of their physical health. They should understand that their bodies are temples of the Holy Spirit (I Corinthians 6:19) and that physical well-being has a direct influence on mental, social, and spiritual health. The NEWSTART® health model, recommended for all staff and students, includes the best in Nutrition, regular Exercise, abundance of pure Water, frequent exposure to Sunlight, the exercise of Temperance (self-control), deep breaths of fresh Air, regular and adequate periods of Rest, and an active Trust in God.

Nutrition

The campus cafeteria provides healthy vegan dining. To promote good health and mental vigor, students are asked to learn the principles of balanced nutrition and practice a healthful diet on and off campus.

Exercise

Students are encouraged to develop a personal fitness program. This can include stretching exercises, sustained aerobic activity, and appropriate physical recreation.

Recreation

The best recreation truly re-creates the body, mind and spirit. Some of the most beneficial forms of recreation are outdoor exercise, meaningful service for others, moderate physical labor, and wholesome social interaction. Meal times, outreach activities and a variety of unstructured time periods are opportunities for social interaction.

Because of problems that invariably arise in competitive games, Weimar College does not provide an intramural sports program. Noncompetitive exercise is highly recommended. Students enjoy outdoor recreational activities such as hiking, skiing, and snowboarding.

Weimar College discourages mere amusement or entertainment. It does not sponsor live drama, feature films, entertainment-oriented programs, televised sporting events, etc.

Rest

Adequate rest is essential to the maintenance of physical, mental, social and spiritual health. Late night study and/or socializing should be an exception to the rule, not a habit. The college encourages students to regularly retire by approximately 10:00 p.m., and to rise early in the morning for devotional time, exercise, and study.

Sick Policy

When the student is sick, he/she should contact the residence assistant or residence hall dean prior to missing class or work. The dean will then sign the appropriate form to excuse the student from classes. The dean will pass on an excuse form to the student's teachers and work supervisor. However, the student should call his/her work supervisor and let him/her know that he/she will not be coming to work.

Social Development

Weimar College takes seriously the development of interpersonal skills and social responsibilities. Social health is educationally important in preparing for successful Christian ministry and stable Christian homes.

While social development is largely a personal responsibility, there are several areas of social interaction that the college has specifically addressed.

Campus Parents

The administration and faculty of Weimar College serve as "parents" away from home and seek to bring encouragement to the students and initiate wise counsel as needed.

Dormitory Living

Group living situations provide excellent opportunities to practice personal courtesy, cooperate with each other, learn to meet others' needs, and develop social responsibility. All students should respect the privacy, personal feelings, and personal property of roommates and neighbors. While the college desires students to have significant freedom in developing interpersonal relationships, dormitory living requires some guidelines for efficiency and personal comfort.

Dormitory policies are printed in a separate Residence Hall Handbook. The dormitory deans may announce additions or modifications to these policies.

Couples and Dating

Weimar College encourages mature, Christ-centered relationships between men and women. The school's philosophy and practice of social development is based on the following principles.

- A.** Preparation for Christian mission is to be the primary reason students attend Weimar College. Nothing should compromise that sacred purpose.
- B.** Preparation for a Christian home is an important part of the student's education for a life of service to God and man. All thoughts and activities involving male-female association should increase the student's commitment to and preparation for Christian mission. Socializing should not detract from the student's education for a God-given life-work.
- C.** Specific instruction (Christian Marriage and Family seminar) should precede the formation of close male-female friendships at Weimar College. Students should consider themselves to be in a special training program through which they may receive the best preparation possible for the development of friendships which may lead to God-ordained, mission-enhancing, eternally-fulfilling marriages.
- D.** Demonstrated maturity (spiritually, academically, vocationally, personally, and socially) should precede courtship or even development of close male-female friendships. No student coming to Weimar College should enter into a courting or dating relationship until he or she has had both specific instruction and time to demonstrate maturity. The time spent in nurturing the relationship should not interfere with his/her personal time of devotion or application to the College program.
- E.** Special relationships are best formed by natural association in study, work, service, and in social and recreational settings. This approach is more helpful in forming mature relationships than the typical "dating scene." Weimar College provides opportunities for this kind of association and encourages students to develop friendships at a natural pace.
- F.** Weimar College aims to prepare its students for courtship by equipping them to be self-governed, informed, and mature in their personal decisions. *Self-control* should be more valued than *school-control*. However, the college reserves the right to ensure that students' personal decisions are in keeping with the principles and policy of the school and may intervene as necessary.

Application of Principles

Developing a special friendship is a privilege based on the maturity and readiness of both parties. Factors to be considered include spiritual and emotional maturity, personal values, education level, practical skill development, financial stability, age, and openness to counsel.

Weimar College expects all students, especially freshman and sophomore students, to develop relaxed social friendships with a variety of students, both male and female, and not to develop any special attachments to one person of the opposite sex.

Because of the strong potential for conflicts of interest and misuse of privileges, the college has serious concerns about students developing special friendships with faculty or staff members of the opposite sex. Such friendships are generally not considered appropriate or approved. The college also has concerns about couples with broad discrepancies of age and backgrounds and will give appropriate guidance to any such relationship.

A special friendship with someone who lives off campus and does not attend Weimar College must conform to the principles and applications in the college handbook.

The following steps will be taken to implement the school's social policy:

- A.** Ongoing education regarding relationships and Christian marriage will be provided through classes, chapel, and worship periods. All new students are expected to take the seminar in Christian Marriage and Family.

Students perceived as a couple will be required to select a staff mentor/couple from a list approved by the Deans' Council. The college expects that the students and mentors will meet regularly for counseling.

B. Couples seriously considering marriage are expected to participate in a premarital counseling program based on materials published by the SDA church. A married couple selected from a list approved by the Deans' Council will supervise this special opportunity for growth.

C. The college expects all students to uphold high moral standards in all aspects of their lives. In a relationship it is generally expected that before engagement physical display of affection will not go beyond that shown to a good friend of the opposite gender (examples of inappropriate display of affection include hand-holding, cuddling, and kissing). Reserved expression of physical affection after engagement may be appropriate. The student's approved mentor can help to guide in this area.

D. The college expects students to wait until after graduation for marriage. The Deans' Council must approve any exceptions if the students wish to continue studying at Weimar College after their wedding. Generally, no weddings will be approved during the school year or the short vacation periods between semesters.

E. If students do not keep their friendships in harmony with the school's principles and policies, they will be asked to leave school.

Mixed Groups

Weimar College wishes to foster a spirit of Christian nobility in all relationships between men and women. This calls for modesty and purity in thought and action. To preserve a social climate conducive to wholesome relationships, the college encourages association in group settings whenever possible and expects appropriate chaperoning for men and women leaving campus together.

Students leaving campus with members of the opposite sex must secure advance approval by the Dean of Men or Dean of Women. Trails in the wooded acres of our property are considered "off campus". Approved married chaperones are required when overnight travel or activities are involved.

Students will find a variety of public settings appropriate for personal conversation. Men and women should not spend time together in seclusion, especially behind closed doors. This includes spending time with a staff member of the opposite sex in his or her residence.

Public display of affection (PDA)

Physical intimacy between two people is a private matter. Couples should refrain from public display of affection, including sitting or lying on each other while in the residence hall lobbies or anywhere else on campus.

Dress & Personal Appearance

Weimar College seeks to follow the admonition: "no education can be complete that does not teach right principles in regard to dress" (Child Guidance p. 419). Students and faculty are asked to dress in a manner which: (1) reflects the sacred purposes of Christian education and (2) represents the larger mission of Weimar Center of Health and Education. Both on campus and off those associated with Weimar College are expected to positively portray the principles of God's kingdom and enhance the impact of our mission through courteous demeanor and dignified, attractive personal appearance. "In dress, as in all things else, it is our privilege to honor our Creator. He desires our clothing to be not only neat and healthful, but appropriate and becoming" (Ibid. p. 413). Considering Biblical counsel of Christian conduct, Weimar College advocates the following principles of personal appearance:

A. Christian Dignity and Simplicity

Avoid carelessness, sloppiness, or untidiness and the opposite extreme of showiness, extravagance, or excessive formality.

B. Appropriateness

Select presentable, durable work clothes for physical work; modest, casual attire for recreational purposes, and more dignified clothing for classes, group worships, dining and office work. Choose clothing that encourages a worshipful spirit throughout Sabbath hours.

C. Modesty

Select clothing that allows others to appreciate the entire person rather than drawing attention to the person by immodest dress or grooming.

D. Personal Maturity and Confidence

Demonstrate self-respect, a sense of mission, and security in Christ through good grooming without supplementing such attractiveness with jewelry, conspicuous cosmetics, or faddish clothes.

E. Aesthetic Sensitivity

Select clothing and hairstyles that express a God-given appreciation for good taste, beauty, creativity and harmony. External appearance should reflect the inner beauty of spirit.

F. Role Distinction

Wear clothes and hairstyles that emphasize the unique and sacred identities of men and women.

G. Lasting Quality

Select quality clothing that is practical and durable.

H. Health

Choose clothing that promotes good circulation. Avoid tight, restrictive clothes that expose arms or legs to the cold or produce unnatural posture.

Application of Principles

School Attire

For men, school attire will be dress or casual slacks, turtlenecks, shirts with collars, button up shirts, sweaters, and shoes and socks. For women, school attire will be dresses or skirts and blouses with modest sweaters, jackets etc. and comfortable footwear appropriate to weather conditions.

School attire is to be worn by students to: 1) Classes (check with your instructor for classes held on Sunday), 2) Morning Worship, 3) Breakfast and Lunch in the Cafeteria Monday through Friday, and to 4) Chapel on Wednesday evenings.

Church Attire

Men may choose to wear suits or sport coat/dress slack combinations to church with dress shirts, sweaters or vests, ties along with socks and dress shoes. Women may choose dresses, skirts and blouses, sweaters, dressy jackets, dress shoes or sandals for their church attire.

Church attire is to be worn by students to: 1) Friday evening Vespers, 2) Church on Sabbath Morning, and to 3) Sabbath lunch in the cafeteria.

Casual Attire

Casual attire for both men and women may include jeans, athletic wear, sweatshirts, or T-shirts. As with all other attire, casual clothing should be appropriate, neat, well-maintained, and clean.

Casual attire may be worn by students at the following places and times: 1) In the Library, 2) On the Trails, 3) Sabbath Afternoons (after lunch), 4) Saturday Night Activities, 5) Suppers and all Sunday meals in the cafeteria.

Specific Applications

- A. Students should remember that they are always witnesses for Christ. Hats or caps are appropriate for outdoor activities such as recreation or some work stations, but they are not to be worn in any building, except dormitories.
- B. Ladies should remember to wear modest, loose fitting, feminine, and not baggy or sloppy slacks, pants or jeans. No jeans or sweat pants should be worn under dresses at any time. For cold weather, knee socks, heavy tights or leg warmers are appropriate undergarments.
- C. Clothes worn for outreach should suit the activity. Check with your outreach team leader.
- D. Clothes worn for work education should suit the work being done by the student. Check with your work supervisor
- E. Shirts, blouses and tops must cover the midriff at all times. Untucked shirts, blouses or tops should hang to the hips when wearing pants or a skirt.
- F. Dresses and skirts should be a modest length and cover the knee at all times, without pulling or stretching, even while seated. Sleeveless tops or tops with low necklines in the front or back, are not acceptable. Students should be able to maintain modesty even when stooping or bending. Slits in skirts and dresses should not be higher than the knee.
- G. Shorts are not appropriate campus attire except for private yards, exercising on the trails, and specific activities. Shorts worn at approved functions should reach the knee. Swimsuits are only appropriate in secluded private yards or in unmixed groups.
- H. Clothing that advertises alcoholic beverages, rock group emblems, or suggestive slogans, or anything out of harmony with Christian standards, is not permitted at any time.
- I. Tight, transparent, or sheer materials making undergarments readily apparent should never be worn.
- J. Weimar's Dress Policy requires students to refrain from wearing jewelry. This includes all forms of rings, bracelets, friendship bands, necklaces, chains, medallions, earrings and pierced body jewelry. An exception is made for medic alert chains/bracelets.

Clothing is to be selected primarily for its potential to minister to others and for personal health, while recognizing God-given individuality and practical judgment. The aim in personal appearance should be to reflect our Christian mission, rather than express our own personal independence. "Therefore, whether you eat, or drink, or whatever you do, do all to the glory of God." (I Corinthians 10:31) Dormitory deans will assist any student who has difficulty understanding the proper application of the dress code.

Campus Living

Alcohol and Drug Abuse

Weimar College is a drug-free campus that actively seeks to provide an environment in harmony with the philosophy of the Seventh-day Adventist Church as well as state and federal laws. The Weimar College has a zero-tolerance position on drugs and alcohol.

Curfew

Students are expected to be in their dormitories by 9:30 p.m. (10:00 p.m. on Saturday night). Dormitory deans or resident hall assistants must approve exceptions in advance. Students are requested to preserve a quiet atmosphere from one-half hour after curfew until at least 6:00 a.m.

Guests

The main lobbies of each residence hall alone are open for mixed visiting from 8 am to 9 pm daily. Prior arrangements must be made with the dormitory dean for all guests who wish to stay overnight in the dormitory. Family members will be allowed to stay in the student's dorm room for three nights free of charge. Approved guests (parents, siblings or friends) are charged \$20 per night plus \$5 per night for each additional person in the guest room. Approved same-gender guests are charged \$5 per night if sharing the student's room and may stay up to three nights per semester. Additional guest accommodations are available at the Weimar Inn.

Campus Leaves

Students are expected to spend most weekends on campus or in college sponsored activities, since active involvement in the nearby churches is a significant part of the educational experience. Each student is allowed home leaves, provided that his/her church and campus responsibilities are covered. No leave from campus should infringe upon any special schedule. All leaves must be arranged in advance with the residence hall dean upon approval of the work supervisor and the outreach director.

Safety, Security, and Transportation

Firearms

Firearms, fireworks, and other weapons are not permitted on campus.

Fire Hazards and Equipment

The illegal use of, or tampering with, fire protection equipment such as alarms, escapes, hoses and extinguishers is a violation of campus, county and state fire ordinances, and a fine of \$250 will be levied for such a violation.

Cooking appliances are not to be used in student rooms.

Protection of Personal Property

The college cannot accept responsibility for stolen items or money. It is the responsibility of the individual student to keep automobiles, bicycles, and unoccupied rooms locked.

Medical Expenses

Students are responsible for their own medical and dental expenses, with the exception of expenses associated with an accidental injury. The college carries accident insurance for each enrolled student. Weimar College accepts no responsibility for illness-related health care beyond assistance for minor outpatient care by the campus health services. There is a nurse on duty 24 hours a day and a physician is available as needed.

Major medical attention requiring inpatient care or services beyond the resources of the college is the responsibility of the student. Long-term medical needs treated by the staff will be billed to the student's account.

Transportation to and from Weimar

It is the student's responsibility to arrange his or her own transportation to and from the airport, bus or train station. Airport pick-up, if available, will be charged as follows:

Sacramento International Airport \$50
San Francisco International Airport \$120

Vehicles

Students wishing to have automobiles or motorcycles on campus must register them with the college office and show adequate liability insurance and a current driver's license. The college office will then issue a parking sticker that must be displayed on the lower left hand side of the rear window or be readily seen on motorcycles.

Vehicles may only be operated by the licensed driver making the application. Students wishing to loan their personal vehicles out must register the names of each additional driver. Additional drivers must be licensed and insured. These guidelines apply to both dorm and village students.

Students are expected to observe all campus traffic regulations and to keep their cars parked in the lower parking lot by Hillside dorm. Parking by the cafeteria, Echo Hall, or in the chapel parking lot is for short term parking only (15 minutes or less). The double sidewalk in front of Bayith and Princess dorm is to be used only when moving in and out of the dorms or unloading large items that cannot be carried from the parking lot. This drive is not to be used for picking up or dropping off passengers.

Tickets will be issued for speeding, careless driving or other moving traffic violations. The first ticket will be a warning, the second will result in a \$25 fine. Tickets issued for parking in undesignated parking areas will result first in a warning and then a \$15 fine. Additional warnings may result in the loss of the privilege of having a vehicle on campus.

Students of Weimar College are expected to take their vehicles with them when they leave, both during the summer and when they graduate. Any vehicle left behind without the specific prior approval of the Deans' Council may, after due notice, be impounded off campus at the student's expense.

Bicycles and Skateboards

Bicycles are welcome at Weimar College but not necessary for travel about the campus. They may be used on roadways, but not on lawns or sidewalks. Each student must assume responsibility for the security of his own bicycle and must register it with the Business Office. Students under eighteen must wear a helmet.

For safety reasons, skateboards are not allowed on campus any time.

Miscellaneous Information

Internet

Internet access is provided in the mission building and library and wireless access is available on campus.

Laundry

The college provides coin-operated washers and dryers in a central place for student use. Dry-cleaning needs can be cared for in the nearby towns.

Library

Weimar College Library contains valuable books, periodicals, and other resource material for academics and personal enrichment. Only those learning materials which are in harmony with the distinctive academic and spiritual goals of the college are available. There is a TV unit available for academic work.

Mail

Mail is delivered each day, Monday through Friday, to the student residence halls. Outgoing mail deposited in the campus mail room by 9:30 a.m., Monday through Friday, will go out the same day.

Your mailing address:

U.S. Mail

Name of Student
Weimar College
PO Box 486
Weimar, CA 95736

UPS

Name of Student
Weimar College
20601 West Paoli Lane
Weimar, CA 95736

Pets

There is no provision for keeping pets in residence hall rooms, with the exception of fish—if all roommates are in agreement. Parents and friends who visit residents must leave their pets at home.

Security

The director of campus security is committed to maintaining a safe environment for all students, faculty and staff. If you see suspicious individuals on campus or witness an incident that demands Campus Security, call 530-305-2611.

Weimar Market

The Weimart has food items, textbooks and other books, and some supplies for purchase.