

# HEALTH Handbook

*Health Evangelism And Leadership Training for Him*

2016-2017

NEWSTARTGLOBAL

*Empowering Health Evangelism Worldwide*

## **Cities of Influence**

*“Every city is to be entered by workers trained to do medical missionary work. As the right hand of the third angel’s message, God’s methods of treating disease will open doors for the entrance of present truth.”*

*Testimonies vol. 7 p. 59 (1902); Evangelism p. 515*

*“Medical missionary work gives opportunity for carrying forward successful evangelistic work. It is as these lines of effort are united, that we may expect to gather the most precious fruit of the Lord.” Review and Herald, Sept. 7, 1905; Evangelism p. 516*

## **True Medical Missionaries**

*“Young men and women must be fitted to engage in medical missionary work as physicians and nurses. But before these workers are sent into the field, they must give evidence that they have the spirit of service, that they are breathing a medical missionary atmosphere, that they are prepared for evangelical work.” Evangelism p. 518*

## **Ministry Bound Together**

*“The fifty-eighth chapter of Isaiah contains present truth for the people of God. Here we see how medical missionary work and the gospel ministry are to be bound together as the message is given to the world. Upon those who keep the Sabbath of the Lord is laid the responsibility of doing a work of mercy and benevolence. Medical missionary work is to be bound up with the message, and sealed with the seal of God.” Manuscript 22, 1901*

## **Shortness of Time**

*“As religious aggression subverts the liberties of our nation, those who stand for freedom of conscience will be placed in unfavorable positions. For their own sake, they should, while they have the opportunity, become intelligent in regard to disease, its causes, prevention and cure. All those who do this will find a field of labor anywhere. There will be suffering ones, plenty of them, who will need help, not only among those of our own faith, but largely among those who know not the truth. The shortness of time demands an energy that has not been aroused among those who claim to believe the present truth.” Counsels on Health p. 506*

# Overview & FAQ: HEALTH & HEALTH-MAP

The purpose of the **HEALTH** (Health **E**vangelism **A**nd **L**eadership **T**raining for **H**im) evangelism program is to rapidly train medical missionaries to help create centers of influence where Christ-like medical missionary work will lead people to be ready for Christ's soon return. The **HEALTH MAP** (**M**edical **A**ssistant **P**rogram) is to expand the qualifications of **HEALTH** missionaries to be employed in established medical offices and clinics.

The **HEALTH** program will provide three ways to accomplish the goal of rapid medical missionary training:

## Short Term Intensives

In conjunction with the **NEWSTART®** Global initiative, **HEALTH** offers short-term intensive **HEALTH 2 GO** programs for professionals that provide resources and focused instruction for 6 days. These short-term courses may also be offered for CEU credits.

## HEALTH Certificate

**HEALTH** provides a one semester training program for those who have the appropriate pre-requisite experiences/training and desire to receive instruction alongside experienced leaders within the context of a health evangelism cycle. Upon successful completion, students will acquire skills that God can use to turn churches, schools, and medical and dental offices into “centers of influence” as described by inspired writings.

Each intensive four-month session includes a health-based evangelism series specifically designed to lead health contacts into regular attendance and ultimately baptism into the Seventh-day Adventist Church.

## HEALTH Medical Assistant Program (MAP)

The **HEALTH MAP** (**M**edical **A**ssistant **P**rogram) is an additional certificate program that aims to expand the qualifications of **HEALTH** missionaries to be employed in established medical offices and clinics.

## ***What kind of program is the HEALTH Certificate?***

This four-month immersion program focuses on the four parts of the HEALTH acronym:

**Health:** Courses in this category focus on the cause and prevention of major diseases. These classes consider the leading causes of disease from various angles emphasizing a natural approach toward healing.

**Evangelism:** Courses in this category focus on the practical delivery of health information for the purpose of winning souls. Most of our time will be spent preparing for and delivering actual health seminars for local communities. The students do not just learn theory; they work with instructors to participate in real health evangelism experiences.

**And Leadership Training:** Courses in this category are focused on learning the skills needed to be a successful leader of health ministries and evangelism in various settings (i.e. the local church, the local community, urban environments, a doctor's or dentist's office). In addition, business principles and ethics are covered in this category.

**for Him:** Courses in this category focus on the ultimate purpose of all evangelism—leading people into a saving relationship with the Lord and awareness of His last-day Seventh-day Adventist movement. Included in each four-month intensive will be a 10-day evangelistic series designed to lead health contacts into regular attendance and ultimately membership at a local Seventh-day Adventist congregation.

- ***What will the instruction be like?***

The certificate includes interactive classroom training with health evangelism professionals, in tandem with field practicum. Students will earn valuable experience through local church outreach, hosting health seminars, providing health coaching and Bible studies, and participating in an evangelistic series.

- ***Who should attend this type of program?***

The certificate is designed for both professional and lay members to be trained and equipped to be medical missionaries. We encourage every student who attends Weimar Institute to complete this certification upon entrance into the college. Not only does it provide practical, hands-on

health evangelism training, but it is also a stepping stone to associate and baccalaureate degrees and can be completed in one semester.

- ***What are the expected outcomes for graduates after they successfully complete the program?***

Graduates will be prepared to function in three key settings:

**Local Churches:** Graduates will be equipped to lead a number of types of health programs within the local church setting in a way that can provide them a modest level of support.

**Local Communities:** Graduates will be equipped to lead teams to survey and meet the needs of the community.

**Clinical Settings:** Students without prior training in the health professions will learn entry-level skills that can be utilized in clinical settings, such as medical and dental offices, to establish a relationship with patients, which can provide a foundation for spiritual care and outreach.

- ***What type of employment or occupation is this program designed to prepare students for?***

This certificate program allows graduates to work in local churches as health evangelists and Bibleworkers, and competent leaders of ministry. Students can also continue their education to complete two or four year degrees and get further academic training within the medical, religion, or education fields.

- ***What is the Daily Class Schedule for HEALTH?***

Students begin the day with an hour of exercise at 6:00 am. Classes generally go from 9:00 am to 1:00 pm with select afternoon times Monday through Thursday. Evening programs are at the local church from 6:00 pm to 9:00 pm. Students also participate in outreach on Sundays, Tuesdays & Thursdays afternoons and weekend events including Friday vespers, church on Sabbath, and Sabbath activities.

- ***What is HEALTH-MAP?***

The HEALTH Medical Assistant Program is an additional certificate program that qualifies graduates to be employed as Medical Assistants in established medical offices of physicians, podiatrists, chiropractors, and optometrists.

- ***What will I learn in the Medical Assistant Program (MAP)?***

Upon completion of the core component of the curriculum, the medical assisting student will be able to:

1. Demonstrate the caring ministry of Jesus while performing routine administrative and clinical tasks with patients in outpatient settings.
2. Identify physical, emotional, mental and spiritual needs and promote lifestyle practices in culturally and economically diverse outpatient settings.
3. Demonstrate professional ethical and legal written and verbal communication to the health care team and patients/family.
4. Utilize the language of medicine with a basic understanding of how fearfully and wonderfully the human body is created.
5. Describe principles & implement safe practice in emergency or non-emergency outpatient settings.
6. Utilize multiple forms of informatics technology and collaboration to effectively provide service excellence.

# **Admissions Requirements**

## **HEALTH Certificate Program Requirements**

Students intending to complete HEALTH certification are required to meet the following criteria and the general admissions policy of Weimar Institute (see section on General Education), including minimal levels of prior education, preparation, or training.

### **HEALTH Admission Requirements**

As HEALTH graduates will be sent out as missionaries to heal a hurting world, they must have a reputable character and strong commitment of service to God. The criterion for admission into the program includes, but is not limited to, the following:

- Spiritual Commitment
- Ethical and Social Standing
- Emotional Balance
- Dedication to Health Evangelism and Service
- Compassion for People
- Dedication to a Healthy Lifestyle, including NEWSTART principles

### **Transfer Credits**

Our curriculum is carefully designed as a whole to enhance your learning experience so we do not accept transfer credits towards the 4-month program

## **HEALTH-MAP Certificate Program Requirements**

Students intending to complete the HEALTH-MAP certification are required to meet the following criteria and the general admissions policy of Weimar Institute (see section on General Education), including minimal levels of prior education, preparation, or training.

### **HEALTH-MAP Admission Requirements**

As HEALTH graduates will be sent out as missionaries to heal a hurting world, they must have a reputable character and strong commitment of service to God. The criterion for admission into the program includes, but is not limited to, the following:

- Continued commitment to the admission requirements of the HEALTH Certificate Program.
- LIVE SCAN / background clearance
- Successfully pass a basic computation math exam
- High School graduate or equivalent (GED)

For questions, please contact [admissions@weimar.edu](mailto:admissions@weimar.edu) or call 530.422.7923.

### **Transfer Credits**

Our curriculum is carefully designed as a whole to enhance your learning experience so we do not accept transfer credits towards the 4-month program



# HEALTH Certificate Financial Information

One of the most important questions when applying to a program is, “What is the cost?” While we believe the training you will receive is invaluable in price, here’s a quick breakdown of what you will need to plan for. We have two options available: College Credit and Audit.

The Audit option is recommended for those who do not need college credit such as professionals or retirees or for those on a limited budget. The College Credit option is recommended for college students and those who would like to receive academic credit for their coursework. Students are required to indicate by registration which option they will choose as there is no retroactive credit awarded. The Audit option includes a letter of recommendation that is dependent on earned grades but doesn’t include a transcript. The College Credit option includes a transcript listing 14 credits and awards a certificate in Health Evangelism upon completion.

<b>Tuition &amp; Fees</b>	<b>College Credit</b>	<b>Audit</b>
(Includes: Tuition, Room, and 2 meals/day)	\$7,500	\$6,000

## Additional Miscellaneous Fees

Gas (if not bringing your own car)	+ \$500
Textbooks (can purchase used for less)	+ \$350
Labs (optional, varies)	+ \$25 to \$116

## Additional International Student Fee

I-20 Visa Processing Fee	+ \$500
Proof of international student hospitalization insurance and return ticket is required at registration.	

## Down Payment Policy

All students are required to make a \$3000 down payment no later than registration day, and must have a solid financial plan in place for their tuition balance before being financially cleared to start courses.

## HEALTH-MAP Financial Information

One of the most important questions when applying to a program is, “What is the cost?” While we believe the training you will receive is invaluable in price, here’s a quick breakdown of what you will need to plan for. We have two options available: Certificate and College Credit.

<b>Tuition</b>	<b>\$9,998</b>
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(Includes: Books, Scrubs  
Supplies, Certification exams)

### **Additional Miscellaneous Fees**

Meals (Breakfast and Lunch)	+ \$2210
Housing	+ \$1288
College Technology Fee	+ \$80
College Medical Fee	+ \$100
College SA Fee	+ \$15

### **Down Payment Policy**

All students are required to make a \$3000 down payment no later than registration day, and must speak with the college financial advisor to create a payment plan for their tuition balance, before being financially cleared to start courses

## Scholarships

HEALTH and MAP have a small scholarship fund available for worthy students. Funds are awarded based on availability, student need, and the discretion of the Worthy Student Committee. Please contact us at 530.422.7911 or [rsteffens@weimar.org](mailto:rsteffens@weimar.org) to request a scholarship form.

## Discounts

We offer the following discounts:

Early Application Discount	\$ 75 (30 days before classes begin)
Buddy Discount	\$150

Sign up with a friend or family member and both of you will receive the Buddy Discount of \$150.

## Payment Information

Please refer to the following deadlines for payment of fees.

<u>Deadline</u>	<u>Amount Due</u>
With application	\$50 nonrefundable application fee
Upon receipt of acceptance letter	Tuition
One month prior to start date	Room/board and fees

## Family/Married Student Housing

Limited family/married student housing may be available but is not guaranteed. Rent varies depending on availability of housing units. Mature students who request a single room, subject to availability, will be charged 50% additional for housing. Information below is subject to change.

Location	Roommate	Private Bathroom	Private Kitchen	Additional Cost
Dorm	Yes	No	No	+ \$0
Westcott/Admin	No	Shared	Shared	+ \$213
Family, 1 bedroom	No	Yes	Yes (subject to availability)	+ \$913
Family, 2 bedroom	No	Yes	Yes	+ \$1313
Family, 3 bedroom	No	Yes	Yes	+ \$1513

## Refund Policy

Cancellations submitted 30 days prior to the first day of classes will receive a full refund. Requests submitted after this period through the first 15 calendar days of the program will receive a 50% refund on tuition only. There will be no refund for housing or meals. No refunds will be made for cancellations after this 15-day period. All statements of cancellation must be submitted in writing to the records office.

The \$195 cleaning and key deposit is refundable only if the room is spotless and clean, all your belongings have been removed, and your room key is returned upon checkout. The dormitory dean will inspect your room and must approve the refund. The refund is not applicable if funds were awarded from the Worthy Student Fund; the \$195 deposit is then returned to the fund.

# HEALTH Certificate Course Requirements

A total of 16 semester credits are required to successfully complete the HEALTH certificate program. Additional non-credit seminars and symposiums will be available during the semester.

HLED 124 Principles of Health - 3 credits

RELB 271 Religion and Health - 3 credits

HLCP 242 Health Evangelism Fieldwork - 5 credits

LEAD 131 Leadership: Ministry Development - 1 credit

HCLP 230 Lifestyle Coaching - 2 credits

HLED 201 Community Health Programs - 2 credits

## Optional HEALTH Ministry minor 22 credits

HLED 124 Principles of Health 3

RELB 271 Religion and Health 3

HLCP 242 Health Evangelism Fieldwork 5

LEAD 131 Leadership: Ministry Development 1

FDNT 214 Human Nutrition 3

BIOL 120 Survey of Anatomy & Physiology 3

### Choice of either:

HLED 210 Pre-professional Natural Remedies & Lab 4

### Or

HLED 201 Community Health Programs 2

HLCP 230 Lifestyle Coaching 2

# HEALTH-MAP Course Requirements

## Component I: Core

Module A	Introduction to Medical Assisting
Module B	Terminology, Anatomy & Physiology
Module C	Safety
Module D	Electronic Health Records

## Component II: Clinical

Module A	Exam Room Procedures
Module B	Specialty Procedures
Module C	Pharmacology
Module D	Minor Office Surgery
Module E	Laboratory Procedures
Module F	Patient Education

## Course Descriptions

### **HLED 124      Principles of Health      3 credits**

A study of the basic principles of healthful living and the treatment and prevention of disease. Scientific studies, Biblical principles, and the writings of Ellen G. White will form the basis of this study.

### **RELB 271      Religion & Health      3 credits**

This course examines and practically illustrates, the critical role that health ministry plays in developing a symmetric Christian lifestyle—and in delivering the most compelling Christian testimony. The biblical basis for such a position is drawn from parallels between “the priesthood of believers,” Christ’s “commissioning services,” and “the gifts of the Spirit. These scriptural foundations are brought into sharper focus by material covering the historic Seventh-day Adventist understanding of two related concepts: (1) each believer’s calling to be involved in some aspect of health-related ministry, and (2) health ministry’s integral role in Christ’s evangelistic methodology. In addition to the course’s didactic foundation, each student is expected to plan

and/or participate in a specified number of community health activities where he or she actually demonstrates the principles of health ministry.

**HLCP 242          Health Evangelism Fieldwork          5 credits**

In this course, the participant will work as a part of a team to: Run health programs and screening events, rotate through the NEWSTART and Depression Recovery programs, lead people to better health within the context of health coaching relationships, lead people spiritually from a physical health to an emotional then spiritual focus. Work with a Doctor and Pastor to develop and present a health focused weekend and then evangelistic series.

**LEAD 131          Leadership: Ministry Development          1 credit**

Students will explore biblical leadership principles and the continual personal revival needed to expand their personal influence through integration with the Divine. Students will be expected to make weekly progress and practice how to pursue turning their ministry from ideas into reality.

**HCLP 230          Lifestyle Coaching          0 credits**

In this course the student will work to identify and meet their own health objectives, learn how to conduct health assessments, and provide health coaching to community guests. They will study the Biblically based art of lifestyle coaching and develop a basis for effective witnessing to the clients they will serve. This course is a co-requisite course for HLCP 242.

**HLED 201          Community Health Programs          0 credits**

Seminars and symposiums will cover topics such as Reversing Diabetes, Depression Recovery, Optimize Your Brain, 8 Weeks to Wellness, Massage, Hydrotherapy, Cooking Schools, and Live Long Live Strong seminars.

# **Academics**

## **Academic Calendar**

### **HEALTH, Fall 2016**

August 25	Registration
August 26-28	Convocation weekend
August 21	Orientation/First day of classes
December 15	Graduation

### **HEALTH MAP, Spring 2017**

January 18	Registration
May 25	Graduation

### **HEALTH Graduation Requirements**

Students pursuing HEALTH certification will need to fulfill one semester of 12 credits to attain certification. A minimum GPA of 2.5 is required to graduate, for those who graduate with credit. Students may alternately audit classes at a reduced price, with no minimum grade standard, but class attendance and test taking are still required.

### **HEALTH MAP Graduation Requirements**

Students pursuing HEALTH-MAP certification will need to fulfill one semester of 180 course hours and 180 clinical hours. A minimum GPA of 2.5 is required to graduate.

### **Transferability of Credits**

Students will earn a certificate in Health Evangelism and Leadership upon successful completion of the HEALTH program. Select courses will be available for application to other degrees and programs offered at Weimar Institute. Select courses may also count as elective credit.



*Credits earned at Weimar Institute or any other college or university are granted transferability at the complete discretion of the accepting institution. Weimar Institute is approved to grant degrees by the State of California's BPPE (Bureau of Private Postsecondary Education) and is in the process of seeking accreditation with WASC (Western Association of Schools and Colleges), and thus is currently unaccredited. To ease transfer of credit(s) to another institution, contact the Weimar Institute Registrar for help in this process.*

*Some institutions require faculty CVs and course syllabi to recognize credits from unaccredited institutions. If the accepting institution does not recognize the credit(s) or certificate or degree obtained at Weimar Institute, some or all of the coursework may need to be repeated at that institution. Consequently, students should confirm that attendance at Weimar Institute meets their educational goals. This may include contacting a potential institution to which the student may seek to transfer after attending Weimar Institute to determine if credits or certificate or degree will transfer.*

## Instructors and Partner Instructors

Don Mackintosh MDiv	Director of HEALTH, Nurse, Pastor
Neil Nedley, MD	Internal/Preventive Medicine, Gastroenterology
Henry Escamilla, MS	Physical Therapy
Melanie Quion, MS	Nursing
Melinda Bernard, BS, RDH	Dental Hygienist
Daniel Binus, MD	Psychiatry
Randy Bivens, MD	Diagnostic Radiology
John Bradshaw	Global Evangelism
Steve Chang, DDS	General Dentistry
John Chung, MD	Dermatology
David DeRose, MD	Internal & Preventive Medicine
Dean Dennis, BA	Marketing
Evelyn Kissinger, MS, RD	Registered Dietician/Nutritionist
Ernestine Finley, BA	Global Health Evangelism Training
Mark Finley, DD	Leadership, Global Evangelism
John Freed, MD	Plastic Surgery
Roger Gallant, MD	Emergency Medicine
Clarence Ing, MD	Ophthalmology
Rick Jaeger, DDS	General Dentistry
Sharon Jaeger, RN	Nutrition & Cooking
Philip Mills, MD	Dermatology
Susan Pellandini, CMT	Massage/Hydrotherapy
Brian Schwartz, MD	Cardiology
Lyndi Schwartz, MD	Internal Medicine
Mary Snead	Nutrition & Cooking
Linda Steffens, RN	Nutrition & Cooking
John Torquato, MD	Family Practice/Health Evangelism
Ted Wilson, PhD	Leadership, Comprehensive Urban Evangelism

## Contact Information

HEALTH is located at  
20601 West Paoli Lane  
Weimar, CA 95736

Mail is received at  
PO Box 486  
Weimar, CA 95736

*Be sure to note the HEALTH program and your name on any mail or packages sent to Weimar.*

### Office

Phone 530.422.7911  
Fax 530.422.7948  
[rsteffens@weimar.org](mailto:rsteffens@weimar.org)  
[www.weimar.edu](http://www.weimar.edu)

### Directions

From Sacramento	From Reno
Head East on <b>I-80</b> Take exit <b>130 West Paoli Lane</b> Turn Left onto <b>West Paoli Lane</b> and cross over the highway Turn <b>Right</b> at the end of the bridge After 0.1 mi turn <b>Left</b> onto Weimar Campus At the Y follow the road to the <b>Left</b>	Head West on <b>I-80</b> Take exit <b>130 West Paoli Lane</b> Follow the ramp around to the <b>Right</b> The road becomes <b>West Paoli Lane</b> After 0.3 mi turn <b>Left</b> onto Weimar Campus At the Y follow the road to the <b>Left</b>

### Weimar Inn

If you need a place to stay for an overnight stay, our Weimar Inn offers beautifully appointed rooms at reasonable prices.

### Weimar Institute

Students who have an interest are welcome to contact Weimar Institute for a campus tour and to visit classes. Call 530.422.7923, email [info@weimar.edu](mailto:info@weimar.edu), or visit the college online at [www.weimar.edu](http://www.weimar.edu).