

A spiral-bound notebook is open, showing a page with text. The notebook is placed on a wooden cutting board. In the background, there are fresh vegetables: green asparagus on the left, a red bell pepper at the top right, and a yellow-orange bell pepper at the bottom right. A red diagonal banner in the top right corner contains the text 'LIMITED SPACES'. The word 'COOK' is written in large yellow letters, with a white fork icon inside the second 'O'. Below it, 'FOR' is in smaller black letters between two horizontal lines. 'HEALTH' is in large green letters, and 'COOKING SCHOOL' is in large black letters.

**COOK**

FOR

**HEALTH**

**COOKING SCHOOL**

Learn to cook tasty and healthy plant-based meals

**DATE**

**TIME**

**LOCATION**

TO REGISTER, PLEASE CONTACT

LIMITED SPACES